

Jessica Pastor

Feature: The Golden Torch Awards

Show #5

Air Date: 10/6/18

Anchor Intro: Balancing academics and sports has never been easy for college student-athletes. Florida State’s annual Golden Torch Gala distinguishes those who have excelled both on the field and off. Here’s Jessica Pastor with the latest on this year’s Golden Torch Awards.

VIDEO	AUDIO
<p><u>B-Roll</u> (0:00-0:15) Establishing footage of FSU</p> <p>Footage of football or any other sport</p> <p>Footage of books, backpacks, or anything that correlates to academics</p> <p>Footage of the Champions Club, where the gala is held</p>	<p>FLORIDA STATE HAS ALWAYS BEEN A TRAIL BLAZER ATHLETICALLY <u>AND</u> ACADEMICALLY. FOR STUDENT-ATHLETES, THE PRESSURE TO PERFORM WELL ON THE FIELD AND IN THE CLASSROOM IS ALWAYS ON. FLORIDA STATE’S ANNUAL GOLDEN TORCH AWARDS HONORS THOSE STUDENTS WHO’S SUCCESSES ACADEMICALLY ARE <u>JUST</u> AS IMPRESSIVE AS THEIR ATHLETIC ABILITIES.</p>
<p>Cathy Badger (0:15-0:30) <i>Associate Director of Student Athlete Academic Services</i></p> <p><u>B-Roll</u> Footage of the award plaques at the ceremony. Footage of name tags at the ceremony.</p>	<p><i>“We want to invite our student-athletes, those that made the ACC Honor Roll, and really celebrate their academic achievements. So we’re celebrating last academic year, but we’re hoping it propels us through another great academic year.”</i> (0:53-1:08)</p>
<p><u>B-Roll</u> (0:30-0:45)</p> <p>Footage of the men’s cross country winning Footage of women’s golf winning</p> <p>Establishing footage of Coach Braman and Coach Bond smiling</p>	<p>THE NIGHT’S BIG WINNERS WERE MEN’S CROSS COUNTRY AND WOMEN’S GOLF WITH EACH WINNING THE TOP AWARD FOR HIGHEST COMBINED TEAM GPA WITH AN OVERALL GPA OF 3.3 FOR MEN’S CROSS COUNTRY AND 3.5 FOR WOMEN’S GOLF, THE TEAMS’ COACHES COULDN’T BE PROUDER.</p>

<p>Coach Amy Bond (0:45-0:57) <i>Head Coach, Women's Golf</i></p> <p><u>B-Roll</u> Footage of the women's golf team playing Footage of the women's golf team winning the award</p>	<p><i>"You know, I'm extremely proud. This is one of the most prestigious awards, I think, we can win as a team. Um, so I'm very excited they not only excelled on the golf course, but they also excelled in the classroom."</i> (0:35-0:47)</p>
<p>Coach Bob Braman (0:57-1:21) <i>Head Coach, Men's Cross Country</i></p> <p><u>B-Roll</u> Footage of the men's cross country team running Footage of the men's cross country team winning the award</p>	<p><i>"We're excited about it. It's something that, you know, on their own, they kind of take this onto themselves and say 'Hey, let's try to win this thing.' And maybe they don't think about it every day, but they're excited when they go up there and win it today."</i> (0:36-0:49)</p>
<p><u>B-Roll</u> (1:21-1:27) Footage of the crowd at the ceremony</p> <p>Footage of Savannah Wilkinson and Anthony Polite winning their awards</p>	<p>ALL OF FLORIDA STATE'S 20 ATHLETIC TEAMS ENJOYED THEIR OWN MOMENT IN THE SPOTLIGHT AS THE NIGHT RECOGNIZED EACH TEAM'S TOP ACADEMIC PERFORMER.</p>
<p>Savannah Wilkinson (1:27-1:37) <i>Winner, Highest GPA in Women's Basketball</i></p> <p><u>B-Roll</u> Footage of Savannah Wilkinson on stage smiling with her award</p>	<p><i>"It's nice to just get the honor of being in front of all the other student-athletes and seeing that your hard work is paying off and you're getting the acknowledgement from the staff and the school."</i> (0:59-1:09)</p>
<p>Anthony Polite (1:37-1:49) <i>Winner, Highest GPA in Men's Basketball</i></p> <p><u>B-Roll</u> Footage of Anthony hugging his father at the awards</p>	<p><i>"I know my mom, my dad are really proud and it just means a lot to me. And it shows to other people how much it means to me to be as good as... Responsible on the court and off the court."</i> (2:08-2:20)</p>
<p><u>B-Roll</u> (1:49-1:57)</p> <p>Footage of students studying, doing homework, on the computer, etc.</p>	<p>THESE STUDENTS' BIGGEST SECRET TO BECOMING THE BEST NOT ONLY IN THEIR SPORT, BUT ALSO IN THEIR SCHOOL WORK COMES FROM ONE CRUCIAL SKILL: EFFECTIVE TIME MANAGEMENT.</p>

<p>Savannah Wilkinson (1:57-2:07)</p>	<p><i>“It’s definitely hard. Time management is the key to make sure we get on top of things and just making sure I do my work as soon as I get assignments, as soon as I get tests.” (1:19-1:29)</i></p>
<p><u>B-Roll</u> Meghan King (2:07-2:31) <i>Winner, Highest GPA in Women’s Softball</i> Footage of Meghan playing softball Footage of Meghan laughing with her teammates Footage of Meghan studying Cut to interview of Meghan</p>	<p><i>“I feel like as an athlete, you’re extremely busy. And, I mean, balancing your family, balancing your friends, um, your social life, everything, and, um, sports to go with it is extremely challenging. But, um, I think the biggest thing that’s helped me is just kind of laying it out week by week, and just kind of, you know, looking at your homework, what you have to do, and just planning what days you do which and studying as well. And I think that that has been the biggest help for me.” (2:11-2:35)</i></p>
<p>Standup (2:31-2:40)</p>	<p>STANDUP: AND WHEN THE STRESS OF SCHOOL AND SPORTS BECOMES TOO MUCH, THESE STUDENT-ATHLETES TURN TO THOSE CLOSEST TO THEM FOR SUPPORT AND GUIDANCE, KEEPING THEM ON THE RIGHT TRACK.</p>
<p><u>B-Roll</u> Karen King (2:40-2:57) <i>Mother of Golden Torch winner, Meghan King</i> Old pictures of Karen and Meghan together Footage of Meghan hugging her mom at the awards. Cut to interview of Karen</p>	<p><i>“Just really focus on the day, focus on the moment and, uh, take it day by day. Don’t get overwhelmed because as a student athlete, there’s so much to take care of that, um, if you look at everything in its totality, it can be overwhelming. But, if you take it day by day, it’s a lot easier to handle. (1:03-1:20)</i></p>
<p><u>B-Roll</u> (2:57-3:04) Footage of Michael Polite playing basketball at FSU</p>	<p>FORMER FSU BASKETBALL PLAYER AND ANTHONY’S FATHER, MICHAEL POLITE OFFERS HIS SON THE BEST ADVICE HAVING ONCE BEEN A STUDENT-ATHLETE HIMSELF.</p>

<p>Michael Polite (3:04-3:19) <i>Father of Golden Torch winner, Anthony Polite</i></p> <p><u>B-Roll</u> Progression of pictures of Anthony playing basketball; include pictures with his father</p>	<p><i>“Continue to work hard. Good things come from players, student-athletes that work really hard off the field, or off the court, as well as they would on the field. I think that, uh, if he continues to do that, he has a really bright future.” (1:01-1:16)</i></p>
<p><u>B-Roll (3:19-3:26)</u></p> <p>Footage of athletes with their teammates Footage of athletes studying</p>	<p>ABOVE ALL ELSE, IT’S IMPORTANT TO REMEMBER THESE AREN’T JUST ATHLETES. LIKE EVERYONE ELSE, THEY’RE STUDENTS TOO.</p>
<p>Coach Bob Braman (3:26-3:45)</p> <p><u>B-Roll</u> Footage of students doing school work together</p> <p>Footage of students talking with teachers and business people</p>	<p><i>“So, you really have to understand and appreciate that you really are a student, you really are looking for a career. You’re trying to better yourself, have a better life. Make those connections. Um, do things when you’re here. Not just go to the classroom, but intern, co-op, work on projects. Get to know people outside of our athletic community and get to know people in the colleges.” (2:31-2:50)</i></p>
<p>Coach Amy Bond (3:45-3:56)</p>	<p><i>“There’s a reason it’s student-athlete, not athlete-student. And being a student first and foremost, kind of allows them to cut loose.” (3:05-3:16)</i></p>
<p><u>B-Roll (3:56-4:11)</u></p> <p>Footage of the ceremony</p> <p>Footage of student-athletes smiling and laughing with one another at the ceremony</p> <p>Footage of students-athletes with their coaches and families and teams at the ceremony</p>	<p>SO, AFTER A NIGHT OF AWARDS, FOOD, AND FUN, THESE STUDENT-ATHLETES CAN GO HOME KNOWING THEIR ACCOMPLISHMENTS HAVE NOT GONE UNNOTICED. LOOKING FORWARD TO ANOTHER SUCCESSFUL ACADMEIC YEAR, NEXT YEAR’S GOLDEN TORCH GALA IS BOUND TO BE BETTER THAN EVER.</p> <p>I’M JESSICA PASTOR FOR SEMINOLE SPORTS MAGAZINE.</p>

Anchor Tag: Like always, the Golden Torch Awards never disappoints. I’m already looking forward to finding out who next year’s winners will be.