

**Jessica Pastor**  
**Feature: Payton Rund**  
**Show #32**  
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**Anchor Intro:** Playing on any competitive sports team can be intimidating enough, let alone coming in right as the season begins. That is exactly what happened to graduate student and Beach Volleyball player, Payton Rund. Having joined the team in January of this year, as Jessica Pastor tells us, Rund is already establishing her reputation as a force to be reckoned with.

VIDEO	AUDIO
<p><b>Madison Fitzpatrick (0:00-0:06)</b>  <u><b>B-Roll</b></u>            Slo-mo establishing footage of Payton (smiling, laughing, playing etc.)</p>	<p><i>“As a player and a person she’s super positive and happy, and she just has infectious energy.” (DSC_4981 1:26-1:32)</i></p>
<p><b>Brooke Niles (0:06-0:11)</b>  <u><b>B-Roll</b></u>            Slo-mo establishing footage of Payton (smiling, laughing, playing etc.)</p>	<p><i>“Her work ethic is off the charts, so it really, bringing her in really added to the culture of our team.” (DSC_9099 0:31-0:36)</i></p>
<p><b>Brooke Kuhlman (0:11-0:14)</b>  <u><b>B-Roll</b></u>            Slo-mo establishing footage of Payton (smiling, laughing, playing etc.)</p>	<p><i>“She kind of just jumped right in on this team and everyone loved her” (DSC_9126 0:08-0:11)</i></p>
<p><u><b>B-Roll (0:14-0:27)</b></u>            Slo-mo establishing footage of Payton (smiling, laughing, playing etc.)            Establishing footage of FSU Beach Volleyball courts and facilities            Payton playing volleyball</p>	<p>A GRADUATE TRANSFER STUDENT FROM SAINT MARY’S, BEACH VOLLEYBALL PLAYER PAYTON RUND JOINED THE SEMINOLES JUST A FEW MONTHS AGO. HITTING THE SAND RUNNING, PAYTON DIDN’T MISS A BEAT AS SHE WAS THRUST INTO THE START OF A NEW SEASON.</p>
<p><b>Angela Rock (0:27-0:36)</b>  <i>Assistant Coach</i>  <u><b>B-Roll</b></u>            Footage of Payton playing volleyball (accentuate her height and her jumps)</p>	<p><i>“Payton is, is one of those exceptional athletes. She’s a tall woman, she’s 6’1, she’s got great jump.” (DSC_9127 0:09-0:15)</i></p> <p><i>“She came in here ready to go, so for us, we were grateful to have her.” (DSC_9127 1:14-1:17)</i></p>

<p><b>Brooke Niles (0:36-0:47)</b>  <i>Head Coach</i>  <b><u>B-Roll</u></b>  Payton playing volleyball</p>	<p><i>“She brings a lot of size, and um blocking to our team and it’s something that we really needed after losing five starters.” (DSC_9124 0:12-0:20)</i></p> <p><i>“She hasn’t shied away from competition, so she’s a really great addition to our team.” (DSC_9124 0:52-0:55)</i></p>
<p><b><u>B-Roll</u> (0:47-0:52)</b>  Payton with knee braces and elbow braces as she plays  Dramatic close-up of Payton’s face</p>	<p>ARMED WITH A FEW BUMPS AND BRUISES, PAYTON DOESN’T LET THAT GET IN THE WAY OF HER GAME.</p>
<p><b>Madison Fitzpatrick (0:52-0:57)</b>  <i>Sophomore Beach Volleyball Player</i></p>	<p><i>“She has some injuries, but she goes and she gets them wrapped every day before practice.” (DSC_4982 0:44-0:49)</i></p>
<p><b>Payton Rund (0:57-1:16)</b>  <i>Graduate Student Beach Volleyball Player</i>  <b><u>B-Roll</u></b>  Payton with knee braces and elbow braces as she plays  Dramatic close-up of Payton’s face</p>	<p><i>“Coming here I’ve been dealing with some menial-meniscus issues. (DSC_4984 8:37-8:43)</i></p> <p><i>“Sprained my UCL, UCL ligament, which is the same thing as Tommy Johns.” (DSC_4984 8:59-9:03)</i></p> <p><i>“I get rehab every day, try to figure them out, get them taped, I wear a brace, so I look kind of funny when I play. I have like tan lines now right here from my brace and tape job.” (DSC_4984 9:06-9:15)</i></p>
<p><b><u>B-Roll</u> (1:16-1:21)</b>  Dramatic footage of Payton’s back as she walks away, possibly holding a volleyball</p>	<p>DESPITE JOINING THE TEAM AS JUST ANOTHER NEW PLAYER, PAYTON ALREADY HAD QUITE THE REPUTATION...</p>
<p><b>Angela Rock (1:21-1:32)</b>  <b><u>B-Roll</u></b>  Footage of Payton Rund and Kelly Knudsen</p>	<p><i>“In Manhattan Beach and we were playing against USC’s ones-team when I was at St. Mary’s and her and her partner, Lindsey Knudsen, took down a team that was 102-0.” (DSC_9127 2:26-2:37)</i></p>

<p><b>Madison Fitzpatrick (1:32-1:41)</b></p> <p><b><u>B-Roll</u></b> Footage of Sarah Hughes and Kelly Claes from USC</p>	<p><i>“I hear a rumor that some team from St. Mary’s took down the big USC team. So, I was like ‘Those girls are incredible. Whoever did that is so amazing.’”</i> <b>(DSC_4891 0:20-0:29)</b></p>
<p><b>Payton Rund (1:41-1:54)</b></p> <p><b><u>B-Roll</u></b> Footage from the game in which Payton beat Sarah Hughes and Kelly Claes</p>	<p><i>“My proudest achievement would for sure be my win over Sarah Hughes and Kelly Claes. They were this amazing team, they still are.”</i> <b>(DSC_4985 3:43-3:50)</b></p> <p><i>“We ended up beating them. So, we snapped their 104 winning game streak and it was incredible.”</i> <b>(DSC_4985 4:07-4:13)</b></p>
<p><b><u>B-Roll (1:54-2:01)</u></b> Footage of Payton laughing with her teammates</p>	<p>HAVING ALREADY ESTABLISHED HERSELF AS A FIERCE COMPETITOR, PAYTON IS ALSO KNOWN ON THE TEAM FOR HER HUMOR AND LIVELY PERSONALITY.</p>
<p><b>Madison Fitzpatrick (2:01-2:08)</b></p> <p><b><u>B-Roll</u></b> Footage of Payton and Madison together</p>	<p><i>“I was initially very intimidated by Payton, and then right when you meet her, her smile is huge, she has such amazing positive energy.”</i> <b>(DSC_4891 0:30-0:37)</b></p>
<p><b>Brooke Kuhlman (2:08-2:19)</b> <i>Senior Beach Volleyball Player</i></p> <p><b><u>B-Roll</u></b> Footage of Payton and Brooke together</p>	<p><i>“She’s just like one of my good friends and we’ve only known each other for like a couple months.”</i> <b>(DSC_9126 0:14-0:18)</b></p> <p><i>“I feel like we have kind of the same personality, just like super analytical when we’re on the court, but like wanna have fun when we’re off the court.”</i> <b>(DSC_9126 1:26-1:33)</b></p>
<p><b><u>B-Roll (2:19-2:27)</u></b> Dramatic close-up shots of Payton’s face</p>	<p>AND WITH A STRONG DRIVE FOR SUCCESS INSTILLED BY HER PARENTS, PAYTON CREDITS THEM WITH BEING HER BIGGEST ROLE MODELS AND NUMBER 1 SUPPORTERS.</p>

<p><b>Aaron Rund (2:27-2:35)</b>  <i>Payton's Father</i>  <b><u>B-Roll</u></b>  Montage photos and videos of Payton with her parents over the years</p>	<p><i>“Sports and everything were a little bit different when I was growing up, I mean it was something that you did. Um, parents weren't necessarily involved. And, um, we as parents are very involved in everything our kids do nowadays” (DSC_9336 1:27-1:40)</i></p>
<p><b>Payton Rund (2:35-2:50)</b>  <b><u>B-Roll</u></b>  Montage photos and videos of Payton with her parents over the years</p>	<p><i>“When my dad was in high school he didn't exactly get the opportunity to follow his dreams like I have. So, because of that, he's instilled this passion in me that I need to go reach these things, need to go pursue these passions that he never got the chance to do.” (DSC_4986 1:40-1:55)</i></p>
<p><b>Aaron Rund (2:50-2:56)</b></p>	<p><i>“We tried to teach her everything, everything from all the mistakes that I had made and she had made growing up.” (DSC_9336 2:00-2:06)</i></p>
<p><b>Payton Rund (2:56-3:02)</b>  <b><u>B-Roll</u></b>  Montage photos and videos of Payton with her parents over the years</p>	<p><i>“From the beginning, since I was super little, always did everything he can to make sure I was on the right track.” (DSC_4986 0:40-0:46)</i></p>
<p><b>Barb Rund (3:02-3:07)</b>  <i>Payton's Mother</i>  <b><u>B-Roll</u></b>  Payton smiling, laughing with teammates</p>	<p><i>“She's never negative about any of her teammates, even if they're not her partner. She's always positive and I love that about her.” (DSC_9336 4:22-4:27)</i></p>
<p><b>Aaron Rund (3:07-3:12)</b></p>	<p><i>“She's just, such a good person. She's 10x the person I'll ever be. <b>Barb:</b> From me, that's from me.” (DSC_9336 4:36-4:41)</i></p>
<p><b><u>B-Roll</u> (3:12-3:26)</b>  Dramatic/impactful slo-mo shots of Payton (playing, laughing, smiling, etc.)</p>	<p>WITH BIG DREAMS AND MANY GOALS REMAINS, PAYTON RUND KEEPS HER EYES ON THE PRIZE. HER FANS, TEAMMATES, COACHES, AND FAMILY CAN'T WAIT TO SEE WHAT THE FUTURE HOLDS FOR THIS PHENOMENAL SEMINOLE STUDENT ATHLETE.</p>

	I'M JESSICA PASTOR FOR SEMINOLE SPORTS MAGAZINE.
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**Anchor Tag:** With Payton in the ranks, the Seminoles are one step closer to a championship. Let's cheer on FSU Beach Volleyball as they play the Horned Frogs in the TCU Tournament in Fort Worth this weekend. Go 'Noles!

TRT: 3:26