

Jessica Pastor

Feature: Senior Defensive Tackles

Show #11 & Inside Seminole Football

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Anchor Intro: Defensive line is one of the most physically demanding positions in all of football. Senior defensive tackles, Fred Jones and Demarcus Christmas have been making it look easy for five years now. As their time at Florida State nears its end, reporter Jessica Pastor looks back at some of the ups and downs that helped Fred and Demarcus become the players they are today.

VIDEO	AUDIO
<p><u>B-Roll</u> (0:00-0:16) Establishing footage of FSU Football (players, uniforms, coaches, etc.).</p> <p>Establishing footage of Fred and Demarcus (maybe closeups of their faces).</p> <p>Footage of Fred and Demarcus at practice.</p>	<p>TALENTED. HARD-WORKING. DEDICATED.</p> <p>THESE ARE JUST A FEW WORDS USED TO DESCRIBE FSU'S SENIOR DEFENSIVE TACKLES, FRED JONES AND DEMARCUS CHRISTMAS.</p> <p>AS TWO OF THE MOST EXPERIENCED ATHLETES ON THE TEAM, BOTH ARE RECOGNIZED FOR THEIR ON-FIELD ABILITIES AND SUCCESS. 16S</p>
<p>Willie Taggart (0:16-0:30) <i>Head Coach</i> <u>B-Roll</u> Establishing footage of Fred and Demarcus (maybe closeups of their faces).</p>	<p><i>"They should set the example, the standard for what Florida State Football should be and what they thought it should be when they came here." 0:37-44</i></p> <p><i>"They want to leave a legacy here. Um, Being one of the better senior classes that came through here and I wanted them to take pride in it." 0:46-0:53 14S</i></p>
<p>Walvenski Aimé (0:30-0:42) <i>Redshirt Senior Defensive End</i> <u>B-Roll</u> Footage of Fred and Demarcus with Wally.</p>	<p><i>"Fred and Christmas took me under their wing and really taught me a lot about playing defensive tackle. Especially, getting used to, uh, the intensity of Odell. Those guys really stayed in my ear and really just kept me motivated, kept me going." 0:34-0:46 12S</i></p>

<p><u>B-Roll</u> (0:42-0:49) Footage of Fred and Demarcus smiling/laughing.</p>	<p>KNOWN FOR THEIR SERIOUS WORK IN THE TRENCHES, FRED AND DEMARCUS ARE ALSO KNOWN FOR THEIR HUMOROUS PERSONALITIES OFF THE FIELD. 7S</p>
<p>Alec Eberle (0:49-0:59) <i>Redshirt Senior Offensive Lineman</i> <u>B-Roll</u> Footage of Fred walking casually.</p>	<p><i>“Whenever I see Fred around the building, he’s always cool. I think there hasn’t been a week that’s gone by where he’s like, he’s like ‘Oh, game 2, only 10 more.’ And he gives me a hug and something like that because we’re seniors. It’s pretty funny.”</i> 1:22-1:32 10S</p>
<p>Walvenski Aimé (0:59-1:11) <u>B-Roll</u> Establishing footage of the FSU v. UF game.</p>	<p><i>“My favorite memory of Demarcus is the Florida game when his Achilles started hurting. Um, I’m not gonna make fun of him and make the noise that he made, but just know that we still joke about it to this day.”</i> 1:06-1:18 12S</p>
<p><u>B-Roll</u> (1:11-1:21) Footage of Fred and Demarcus looking somber, defeated.</p>	<p>DESPITE THE JOY, EXCITEMENT, AND CAMARADERIE THAT COME WITH PLAYING FOOTBALL, THE ROAD TO BECOMING THE ATHLETES THEY ARE TODAY WASN’T ALWAYS AN EASY ONE. 10S</p>
<p>Fredrick Jones (1:21-1:35) <i>Redshirt Senior Defensive Tackle</i> <u>B-Roll</u> Footage/pictures of Fred’s injury.</p>	<p><i>“Overcame a lot. Um, overcame a knee injury back in high school, overcame uh, a near-death experience in high school also. Um, you know when we face adversity you just gotta face it head on”</i> 6:45-6:59 14S</p>
<p><u>B-Roll</u> (1:35-1:45) Footage of Demarcus’ in-game injury in 2014.</p>	<p><i>Nat sound of game announcers talking about Demarcus getting injured during the 2014 FSU v. Citadel Bulldogs game.</i> 10S</p>
<p>Demarcus Christmas (1:45-2:00) <i>Redshirt Senior Defensive Tackle</i> <u>B-Roll</u> Pictures of an injured Demarcus in bed. Pictures of an injured Demarcus with Coach Odell.</p>	<p><i>“The day after, Coach Odell called me. I’m just laying there in bed, just mad at the world, and he just called me and told me to come over. And I talked to him, I talked to him for like hours and he’s just giving me motivation. And then as I came</i></p>

	<i>in he said: 'Christmas, take advantage of your injury.' ” 0:49-1:04 15S</i>
<p><u>B-Roll</u> (2:00-2:10) Footage of Demarcus and/or Fred interacting with Coach Odell on the sidelines of a game. Footage of Demarcus and/or Fred hugging a teammate or family member.</p>	IT’S TIMES LIKE THESE, WHEN IT’S NOT EASY FOR FRED AND DEMARCUS TO STAND ON THEIR OWN, THAT THEY TURN TO THEIR TEAMMATES, COACHES, AND LOVED ONES FOR SUPPORT. 10S
<p>Fredrick Jones (2:10-2:26) <u>B-Roll</u> Footage/pictures of Fred with his family, particularly his father.</p>	<i>“So, my parents, my sisters, friends, family, um, teammates. They knew what I was going through, but um, not one time did they ever really like give up on me. So, like having that big support system is what kept me going through everything I went through.” 7:51-8:07 16S</i>
<p>Demarcus Christmas (2:26-2:38) <u>B-Roll</u> Footage of Demarcus and Coach Odell hugging/smiling/laughing (anything that shows their dynamic together).</p>	<i>“My mom, Coach Odell, players from every position. They all just motivated me to be, to work on things I couldn’t work on like physically when I was hurt.” 3:40-3:52 12S</i>
<p>Odell Haggins (2:38-2:50) <i>Associate Head Coach/Defensive Tackles Coach</i> <u>B-Roll</u> Footage of players and Odell coaching.</p>	<i>“People always talk about being a great player, but sometimes you gotta push that aside; and being a great coach, you gotta push that aside. You gotta be a great person before you can do any of that. You gotta be selfless.” 2:44-2:56 12S</i>
<p><u>B-Roll</u> (2:50-2:57) Footage/pictures of Fred’s dad as an FSU player. Footage/pictures of Odell as a coach.</p>	AND WITH ROLE MODELS LIKE THESE INSPIRING THEM TO BE THE BEST THEY CAN BE, FRED AND DEMARCUS HAVE HIGH HOPES FOR THE FUTURE. 7S
Fredrick Jones (2:57-3:16)	<i>“In a few years I will hopefully be in the NFL, but if not, I want to get into um a little bit of business, entrepreneurship. Um, when I’m about 40,45, somewhere in that ball range, I kind of want to, um, build a school, and like you know run the school, and stuff like that.” 4:20-4:39 19S</i>

<p>Demarcus Christmas (3:16-3:37) <u>B-Roll</u> Footage of Demarcus with children. Footage/pictures of Demarcus as a kid.</p>	<p><i>“If not the NFL, I really want to be uh, like working with like kids, like troubled kids.” 4:21-4:27</i></p> <p><i>Just like give them advice cuz I had that growing up and I could have went and left easily, but I went, I took the right path. And I just want to be somebody that they can come talk to and anything like that.” 4:34-4:49 21S</i></p>
<p><u>B-Roll (3:37-3:52)</u> Footage of FSU Football</p> <p>Footage of Fred and Demarcus walking away (preferably in slo-mo).</p>	<p>AND AS THEY MAKE WAY FOR A NEW GENERATION OF SEMINOLE FOOTBALL THESE SOON-TO-BE COLLEGE GRADUATES HOPE TO BE REMEMBERED FOR MORE THAN JUST BEING GREAT PLAYERS. THEY HOPE TO BE REMEMBERED AS GREAT TEAMMATES AND EVEN BETTER HUMANS BEINGS. 15S</p>
<p>Alec Eberle (3:52-4:01)</p> <p><u>B-Roll</u> Footage of Demarcus playing/practicing.</p>	<p><i>“When Christmas came in, we all knew coming in he was going to be that guy. And I think when he leaves here, people are going to remember him as a guy that worked hard and was a baller.” 2:10-2:19 9S</i></p>
<p>Demarcus Christmas (4:01-4:12) <u>B-Roll</u> Footage of Demarcus playing/practicing cont.</p>	<p><i>“Just want to show them that I’m very hardworking. Um, when adverse situations come up, um, I can handle them with ease. Just really want to let everybody know that I’m hardworking.” 5:04-5:15 11S</i></p>
<p>Derrick Kelly (4:12-4:20) <i>Redshirt Senior Offensive Lineman</i> <u>B-Roll</u> Footage of Fred playing/practicing.</p>	<p><i>“Fred Jones, you know...” 0:25-0:27</i></p> <p><i>“He didn’t want to be remembered as, you know, a legacy player. He wanted to make his own name here at Florida State.” 0:32-0:38 8S</i></p>
<p>Fredrick Jones (4:20-4:38)</p> <p><u>B-Roll</u> Footage of Fred playing/practicing cont.</p>	<p><i>“I want to be remembered as somebody who was a great person, a great character, hard-worker. But, I never just</i></p>

	<p><i>want to be remembered as just a football player.” 9:15-9:26</i></p> <p><i>“I always say, you know, don’t think like you just a football player. I tell them all the time: ‘You not just a football player, you a person.’” 10:45-10:52 18S</i></p>
<p><u>B-Roll</u> (4:38-4:56) Footage of Fred and Demarcus walking together. Footage of Fred and Demarcus hugging teammates and/or Coaches.</p> <p>Footage of Fred and Demarcus playing football.</p> <p>Footage of Fred and Demarcus laughing/smiling</p>	<p>AS THEY MOVE ONTO THE NEXT CHAPTER OF THEIR LIVES, FRED JONES AND DEMARCUS CHRISTMAS WILL ALWAYS HOLD DEAR THEIR TIME AT FSU.</p> <p>WITH SO MUCH POTENTIAL IN FOOTBALL AND IN LIFE, THERE’S NOWHERE TO GO BUT UP FOR THESE TWO TALENTED ATHLETES.</p> <p>I’M JESSICA PASTOR FOR SEMINOLE SPORTS MAGAZINE.</p> <p>I’M JESSICA PASTOR FOR INSIDE SEMINOLE FOOTBALL.</p>

Anchor Tag: With two five season careers under their belts, Fred and Demarcus have truly left their mark on FSU as FSU has left its mark on them. Bound to begin successful careers, we cannot wait to see what the future has in store for these two young defensive tackles.

TRT: 4:56